

Week Two

Monday

Tuesday

Wednesday

Thursday

Friday

Bacon Steak

With Pineapple & Chips
Baked Beans or Peas



Beef Lasagne 2,7,13

Garlic Bread 2, 7
Carrots & Broccoli



Roast Pork

Roast Potatoes
Peas, Carrots with Gravy 7,13



Beef Grill 2,13

½ Jacket Potato
Mixed Salad or Mixed Vegetables



Fish 2,5

With Pasta in Tomato Sauce
Peas & Sweetcorn



Southern Style Chicken Breast 2,14

Chips
Baked Beans or Peas



Roast Chicken Breast

Diced Potatoes, Carrots & Broccoli



Traditional Cornish Beef Pasty 2,7

Roast Potatoes
Peas & Carrots with Gravy 7,13



Deli Chicken Chunks 2

½ Jacket Potato
Mixed Vegetables



Cheese & Tomato Pizza 2,7

Potato Wedges
Peas & Sweetcorn



Quorn Fillet 4

Chips
Baked Beans or Peas



Quorn Tikka Pasty 2,4

Diced Potatoes
Carrots & Broccoli



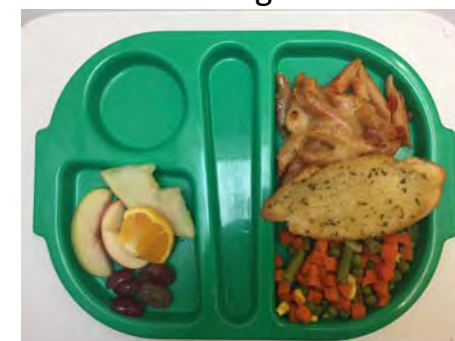
Vegetarian Quorn Curry 4,7,9

Rice
Peas & Carrots



Pasta Bake 2,7

Garlic Bread 2,7
Mixed Vegetables



Jacket Potato 7

Cheese & Baked Beans
Salad



Iced Bun 2,13

Jelly & Fruit

Apple Crumble 2
With Custard 7

Ice Cream Tub 7

Oat, Raisin & Lemon Cookie
2,4,13

Tropical Fruit Salad

Available Daily

Seasonal Salad Bar / Seasonal Fruit Bowl / Yeo Valley Organic Fruit Yoghurt 7 / Ambrosia Rice Pot 7 / Cheese with Crackers 2,7

Unlimited Additional Bread / Chilled Water / Milk. Ketchup available with selected meals.

Allergy Key: 1 Celery 2 Gluten 3 Crustaceans 4 Egg 5 Fish 6 Lupin 7 Milk 8 Mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide