

# Week Three

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
| <p><b>G/F Pork Sausage</b> <sup>14</sup><br/>Potato Wedges<br/>Sweetcorn &amp; Peas with Gravy <sup>7,13</sup></p>  | <p><b>Seaside Style Fillet of Fish</b> <sup>2,5</sup><br/>Diced Potatoes<br/>Sweetcorn &amp; Green Beans</p>  | <p><b>Roast Beef, Yorkshire Pudding</b> <sup>2,4,7</sup><br/>Roast Potatoes<br/>Broccoli &amp; Carrots with Gravy <sup>7,13</sup></p>   | <p><b>Beef Chilli with Rice</b><br/>Mixed Vegetables</p>                     | <p><b>Battered Salmon Fillet</b> <sup>2,5</sup><br/>Chips<br/>Baked Beans or Sweetcorn</p>      |
| <p><b>Sweet Chilli Chicken</b> <sup>7</sup><br/>Potato Wedges<br/>Sweetcorn &amp; Peas</p>                         | <p><b>Chicken Curry with Rice &amp; Naan Bread</b> <sup>2,7</sup><br/>Sweetcorn &amp; Green Beans</p>        | <p><b>Roast Pork, Yorkshire Pudding</b> <sup>2,4,7</sup><br/>Roast Potatoes<br/>Broccoli &amp; Carrots with Gravy <sup>7,13</sup></p>  | <p><b>Chicken Breast with Rice</b><br/>Mixed Vegetables</p>                 | <p><b>Cheese &amp; Tomato Pizza</b> <sup>2,7</sup><br/>Chips<br/>Baked Beans or Sweetcorn</p>  |
| <p><b>Vegetarian Sausage</b> <sup>2,13,14</sup><br/>Potato Wedges<br/>Sweetcorn &amp; Peas</p>                    | <p><b>Jacket Potato with Baked Beans &amp; Cheese</b> <sup>7</sup><br/>Mixed Salad</p>                      | <p><b>Quorn Nuggets</b> <sup>2</sup><br/>Roast Potatoes<br/>Broccoli &amp; Carrots</p>    | <p><b>Quorn Curry with Rice</b> <sup>4,7,9</sup><br/>Mixed Vegetables</p>  | <p><b>Vegetable Nuggets</b> <sup>2</sup><br/>Chips<br/>Baked Beans or Sweetcorn</p>           |
| <p>Chocolate &amp; Vanilla Mousse<br/>Fresh Fruit Platter<br/>Fruit Juice</p>  | <p>Oat, Raisin &amp; Lemon Cookie <sup>2,4,7</sup><br/>Fresh Fruit Platter</p>  | <p>Apple Crumble with Custard <sup>2,7</sup><br/>Fresh Fruit Platter</p>   | <p>Iced Fruit Smoothie<br/>Fresh Fruit Platter</p>  | <p>Ice Cream Roll <sup>2,4,7,13</sup><br/>Fresh Fruit Platter<br/>Fruit Juice</p>  |

Available Daily

Seasonal Salad Bar / Seasonal Fruit Bowl / Yeo Valley Organic Fruit Yoghurt  
Unlimited Additional Bread / Chilled Water / Milk. Ketchup available with selected meals.

Allergy Key: 1 Celery 2 Gluten 3 Crustaceans 4 Egg 5 Fish 6 Lupin 7 Milk 8 Mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide