

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Gammon Steak with Pineapple Herby Diced Potatoes Peas & Carrots	G/F Pork Meatballs ⁴ Wholewheat Spaghetti ² With Tomato & Herb Sauce Peas	Roast Beef with Yorkshire Pudding ^{2,4,7} Roast Potatoes Green Beans & Carrots with Gravy ^{7,13}	BBQ Chicken ² With Pitta Bread ² Salad & Mixed Vegetables	G/F Seaside Style Fillet of Fish ⁵ Chips Peas & Sweetcorn
Vegetable Nuggets ² Herby Diced Potatoes Peas & Carrots	Quorn Balls ^{2,4} Wholewheat Spaghetti ² With Tomato & Herb Sauce Peas	Roast Quorn Fillet ⁴ Roast Potatoes Green Beans & Carrots with Gravy ^{7,13}	Crispy Crumbed Vegetable Bake ^{2,14} ½ Jacket Potato Mixed Veg or Baked Beans	Cheese & Tomato Pizza ^{2,7} Chips Peas & Sweetcorn
Pasta Bake ^{2,7} Garlic Bread ² Peas & Carrots	Jacket Potato With Baked Beans, Cheese ⁷ or Tuna ⁵	Cornish Cheese & Onion Pasty ^{2,7,13} Green Beans & Carrots	Jacket Potato With Baked Beans, Cheese ⁷ or Tuna ⁵	Plain Omelette ⁴ Chips Peas & Sweetcorn
Chocolate Ice Cream ⁷ Fresh Fruit Fruit Juice	Flapjack ² Fresh Fruit	Apple Crumble ² with Custard Fresh Fruit	Raspberry Ripple Ice Cream Sponge Roll ^{2,4,7,13} Fresh Fruit	Choc-Chip Cookies ^{2,7,13} Fresh Fruit Fruit Juice

Available Daily

Seasonal Salad Bar / Seasonal Fruit Bowl / Yeo Valley Organic Fruit Yoghurt

Unlimited Additional Bread / Chilled Water / Milk. Ketchup available with selected meals.



Allergy Key: 1 Celery 2 Gluten 3 Crustaceans 4 Egg 5 Fish 6 Lupin 7 Milk 8 Mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide