

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Gammon Steak with Pineapple Herby Diced Potatoes Peas & Carrots</p> 	<p>G/F Pork Meatballs 4 Wholewheat Spaghetti 2 With Tomato & Herb Sauce Peas</p> 	<p>Roast Beef with Yorkshire Pudding 2,4,7 Roast Potatoes Green Beans & Carrots with Gravy 7,13</p> 	<p>BBQ Chicken 2 With Pitta Bread 2 Salad & Mixed Vegetables</p> 	<p>G/F Seaside Style Fillet of Fish 5 Chips Peas & Sweetcorn</p> 
<p>Vegetable Nuggets 2 Herby Diced Potatoes Peas & Carrots</p> 	<p>Quorn Balls 2,4 Wholewheat Spaghetti 2 With Tomato & Herb Sauce Peas</p> 	<p>Roast Quorn Fillet 4 Roast Potatoes Green Beans & Carrots with Gravy 7,13</p> 	<p>Crispy Crumbed Vegetable Bake 2,14 ½ Jacket Potato Mixed Veg or Baked Beans</p> 	<p>Cheese & Tomato Pizza 2,7 Chips Peas & Sweetcorn</p> 
<p>Pasta Bake 2,7 Garlic Bread 2 Peas & Carrots</p> 	<p>Jacket Potato With Baked Beans, Cheese 7 or Tuna 5</p> 	<p>Cornish Cheese & Onion Pasty 2,7,13 Green Beans & Carrots</p> 	<p>Jacket Potato With Baked Beans, Cheese 7 or Tuna 5</p> 	<p>Plain Omelette 4 Chips Peas & Sweetcorn</p> 
<p>Chocolate Ice Cream 7 Fresh Fruit Fruit Juice</p>	<p>Flapjack 2 Fresh Fruit</p>	<p>Apple Crumble 2 with Custard Fresh Fruit</p>	<p>Raspberry Ripple Ice Cream Sponge Roll 2,4,7,13 Fresh Fruit</p>	<p>Choc-Chip Cookies 2,7,13 Fresh Fruit Fruit Juice</p>

Available Daily

Seasonal Salad Bar / Seasonal Fruit Bowl / Yeo Valley Organic Fruit Yoghurt

Unlimited Additional Bread / Chilled Water / Milk. Ketchup available with selected meals.

Allergy Key: 1 Celery 2 Gluten 3 Crustaceans 4 Egg 5 Fish 6 Lupin 7 Milk 8 Mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide

