

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Gammon Steak with Pineapple Herby Diced Potatoes Peas & Carrots	G/F Pork Meatballs 4 Creamed Potatoes 7 Mixed Vegetables Gravy 7,13	Roast Beef with Yorkshire Pudding 2,4,7 Roast Potatoes Green Beans & Carrots Gravy 7,13	Turkey Bolognaise ½ Jacket Potato Mixed Vegetables	G/F Seaside Style Fillet of Fish 5 Chips Peas & Sweetcorn
Vegetable Nuggets 2 Herby Diced Potatoes Peas & Carrots	Quorn Balls 2,4 Creamed Potatoes 7 Mixed Vegetables Gravy 7,13	Roast Quorn Fillet 4 Roast Potatoes Green Beans & Carrots Gravy 7,13	Crispy Crumbed Vegetable Bake 2,14 ½ Jacket Potato Mixed Veg or Baked Beans	Cheese & Tomato Pizza 2,7 Chips Peas & Sweetcorn
Pasta Bake 2,7 Garlic Bread 2 Peas & Carrots	Jacket Potato Baked Beans, Cheese 7 or Tuna 5	Cornish Cheese & Onion Pasty 2,7,13 Green Beans & Carrots	Jacket Potato Baked Beans, Cheese 7 or Tuna 5	Plain Omelette 4 Chips Peas & Sweetcorn
Vanilla Ice Cream 7 Fresh Fruit	Flapjack 2 Fresh Fruit	Apple Crumble 2 with Custard 7 Fresh Fruit	Frozen Yogurt 7 Fresh Fruit	Cookies 2,7,13 Fresh Fruit Fruit Juice

Available Daily

Seasonal Salad Bar / Seasonal Fruit / Yeo Valley Organic Fruit Yoghurt

Unlimited Additional Bread / Chilled Water / Milk. Ketchup available with selected meals.



Allergy Key: 1 Celery 2 Gluten 3 Crustaceans 4 Egg 5 Fish 6 Lupin 7 Milk 8 Mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide