

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Gammon Steak with Pineapple Herby Diced Potatoes Peas & Carrots	G/F Pork Meatballs ¹⁴ <i>(M/C 13)</i> With Pasta in Tomato Sauce ² Mixed Vegetables	Roast Beef with Yorkshire Pudding ^{2,4,7} Roast Potatoes Country Mixed Vegetables Gravy	G/F Seaside Style Fillet of Fish ⁵ Chips Peas & Sweetcorn	Turkey Bolognese With Pasta ² Mixed Vegetables
Vegetable Nuggets ² Herby Diced Potatoes Peas & Carrots	Quorn Balls ^{2,4} With Pasta in Tomato Sauce ² Mixed Vegetables	Roast Quorn Fillet ⁴ Roast Potatoes Country Mixed Vegetables Gravy	Cheese & Tomato Pizza ^{2,7 (M/C 1)} Chips Peas & Sweetcorn G/F and D/F Options Available	Crispy Crumbed Vegetable Bake ² ½ Jacket Potato Mixed Veg or Baked Beans
Pasta Bake ^{2,7} Garlic Bread ^{2 (M/C 7,13)} Peas & Carrots G/F and D/F Options Available	Jacket Potato Baked Beans, Cheese ⁷ or Tuna ⁵	Cornish Cheese & Onion Pasty ^{2,7} Country Mixed Vegetables	Plain Omelette ^{4,7} Chips Peas & Sweetcorn	Jacket Potato Baked Beans, Cheese ⁷ or Tuna ⁵
Vanilla Ice Cream ⁷ Fresh Fruit	Flapjack ^{2 (M/C 4,7,13)} Fresh Fruit	Apple Crumble ^{2 (M/C 4.7.13)} with Custard ⁷ Fresh Fruit	Cookies ^{2,4,7,13} Fresh Fruit	Frozen Yogurt ⁷ Fresh Fruit

Available Daily

Seasonal Salad Bar / Seasonal Fruit / Yeo Valley Organic Fruit Yoghurt

Unlimited Additional Bread / Chilled Water / Milk. Ketchup available with selected meals.



Allergy Key: 1 Celery 2 Gluten 3 Crustaceans 4 Egg 5 Fish 6 Lupin 7 Milk 8 Mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide

G/F = Gluten Free D/F = Dairy Free M/C = May Contain