

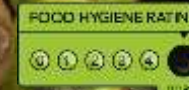
Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Gammon Steak with Pineapple Herby Diced Potatoes Peas & Carrots	Beef Lasagne ^{2,4,7,9 (M/C 13)} Garlic Bread ^{2 (M/C 7, 13)} Mixed Vegetables	Roast Pork Steak Roast Potatoes Country Mixed Vegetables Gravy	G/F Battered Fish Fillet ⁵ Chips Peas & Sweetcorn	Cottage Pie ^{7 (M/C 10,11)} Mixed Vegetables
Vegetable Lasagne ^{2,4,7,9 (M/C 13)} Garlic Bread ^{2 (M/C 7, 13)} Peas & Carrots	Plant Based Mince Bolognese Pasta ² Mixed Vegetables	Roast Plant Based Chicken ¹³ Roast Potatoes Country Mixed Vegetables Gravy	Cheese & Tomato Pizza ^{2,7 (M/C 1)} Chips Peas & Sweetcorn G/F and D/F Options Available	Plant Based Chicken Nuggets ^{2,9} Sweet Potato Fries Mixed Vegetables
Pasta Bake ^{2,7} Garlic Bread ^{2 (M/C 7, 13)} Peas & Carrots G/F and D/F Options Available	Jacket Potato Baked Beans, Cheese ⁷ , Vegan Cheese or Tuna ⁵	Qourn Curry ^{4,7} Rice Country Mixed Vegetables	Quorn Vegan Fishless Fingers ² Chips Peas & Sweetcorn	Jacket Potato Baked Beans, Cheese ⁷ , Vegan Cheese or Tuna ⁵
Jam Roly Poly ^{2,4,7 (M/C 10, 11)} With Custard ⁷ Fresh Fruit	Fruity Flapjack ^{2 (M/C 4,7,13)} Fresh Fruit	Apple Crumble ^{2 (M/C 4,7,13)} With Custard ⁷ Fresh Fruit	Choc-Chip Cookie ^{2,4,7,13} Fresh Fruit	Fruit Flavoured Iced Smoothie Fresh Fruit

Available Daily

Seasonal Salad Bar / Seasonal Fruit / Yeo Valley Organic Fruit Yoghurt

Unlimited Additional Bread / Chilled Water / Milk. Ketchup available with selected meals.



Allergy Key: 1 Celery 2 Gluten 3 Crustaceans 4 Egg 5 Fish 6 Lupin 7 Milk 8 Mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide

G/F = Gluten Free D/F = Dairy Free M/C = May Contain